Boston Medical Center Dept. of Integrative Medicine | www.bmc.org/integrative-medicine.htm

- Adam Kronish (Community Health, 2015)
- Research Assistant
- Part-time, 6 hours per week
- Unpaid; for credit (CH 180)

What do you do as an intern at this organization?
I helped with various ongoing research projects in the Department of Integrative Medicine. I assisted with survey administration to study participants, data entry of survey data, preparation of procedures and protocols for a randomized control trial, and with the recruiting of patients for the RCT. I am working both in an office on a computer and on the floor in the Family Medicine Unit at BMC.

How did you find your internship?
Referral from my other internship supervisor, with whom I worked concurrently.

What do you enjoy most about your internship?
I enjoy working with patients and being able to see each step of a study, from start to finish. It's interesting seeing how plans are applied in the field, and how to adjust these plans after reevaluating. I also enjoy being able to see the daily life within an inner-city hospital.

What do you find challenging?
Sometimes, it is difficult to find additional tasks to complete as smaller projects. In those situations, I ask my supervisor for guidance and 9/10 times there is something else to do.

What advice would you offer to someone who wants to make the most of an internship like yours?
I would contact Chelsey Lemaster (chelsey.lemaster@bmc.org) or Dr. Robert Saper. Chelsey is the research coordinator and Dr. Saper is the Principal Investigator for the studies that fall under Family Medicine (which houses Integrative Medicine)

About the Organization
Boston Medical Center Department of Integrative Medicine
Boston, MA

Integrative medicine combines the best of conventional medicine with safe effective evidence-based complementary therapies such as acupuncture, massage and yoga. The Initiative for Integrative Medicine and Health Disparities within the Department of Family Medicine was created in 2004. The mission of the Program is to substantially impact the quality of life for the urban underserved through providing access to integrative medicine clinical services, research and education. Robert Saper MPH, MD, serves as Program Director.